



BLACK ROCK FOREST TRIP

What to pack and how to dress:

On your body

- Long sleeve shirt
- Long pants tucked into socks
- Boots or sneakers with good traction
- Cap to protect you from the sun and wind
- Jacket (and raincoat if forecast to rain)

In your backpack

- Lunch (NO PEANUT PRODUCTS PLEASE!)
- Extra water
- Snack
- Pencils
- Large Ziploc or plastic bag (your trash bag)

Medication, if necessary, labeled with your name and time to administer signed by your parent.

We will back at school between 5:00 p.m. and 5:15 p.m.